

take a journey...

...to his Love Zones

This Valentine's Day take your partner to new levels of sexual and sensual pleasure by exploring each other through our complete guide to both your erogenous love zones.

Make time to discover all his Love Zones, to expand both your sexual experiences. Tease him into a hot state by taking your time to allow his whole body to swim in a sea of sensuality.

Together you can guide your partner to a totally new level of pleasure. Make this Valentine's your sexiest night in ever...

**Genitals** - Don't just settle for a stimulation style that always works, take time to explore his shaft and explore different types of touch sensation. For a saucy sensation, tingle him with foreplay too - try cupping and softly stroking his most sensitive parts

**Toes and fingers** - Get him warmed up by seductively sucking his freshly bathed fingers or toes to get his blood rushing

**Nipples** - Men's nipples and the area around them are very sensitive. Try gently licking and flicking your tongue across them, he'll be arching his back in ecstasy

**Stomach** - They say the way to a man's heart is through his stomach... follow the line from the belly button downwards very slowly indeed, to build anticipation and arousal

**Scalp** - A firm scalp massage will gently ease away the tensions of the day leaving his head clear to focus on you...

**Ear lobes** - Packed with nerve endings, many men like to have them licked, gently blown or sucked. Whisper a few erotic intentions while you're there, to let him know what's coming

**Face and Lips** - Don't go straight in - fire him up with a teasing kiss and a lick of his face - then go in for the full lip-lock and send a jolt of electricity through his system

**Throat and neck** - Softly kiss his Adams Apple and caress the back of his neck. The skin is particularly receptive to touch in these areas and loving attention feels especially intimate

**Chest** - stroke your man's chest sending sensations through his skin that will build his passion. If he loves to work out, show your appreciation by paying special attention to his manly pecs

**Inner arm** - This is where you'll find your man's softer side. This area rarely gets any attention and is a popular sensation area for many men

**Mid to lower back** - At about elbow level either side of his spine are two points known as the 'Sea of Vitality'. Firm pressure here for a minute or two can alleviate fatigue and charge his sexual energy

**Lower belly** - His 'Gate of Origin', gentle pressure on this hotspot, two or four finger widths below the navel will open up his sexual energy, guide your fingers over him to tease and excite him

**Perineum** - The small sensitive stretch of skin between the testicles and anus is a nerve ending hotspot. Gently massage the area with your fingers to send your man to the peak of pleasure

**Inner thighs** - Super soft and super sensitive, use upward strokes to build up his anticipation before hitting his top spot

Key:



Sensitive Love Zone

PHILIPS